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## Transthyretin Amyloidosis

# Patient Questionnaire

Patient Name \_\_\_\_\_

Date     /     /      
(mm/dd/yyyy)

### Symptoms

1 Do you suffer from shortness of breath?  
 Never    Some of the time    Most of the time    Always

2 If yes, what level of activity makes you short of breath?  
 Two flights of stairs (20 steps)    One flight of stairs (10 steps)    Walking around your home  
 At rest    Not applicable

3 Do you have swelling (fluid retention) in your legs or other areas (waist, hands)?  
 Never    Some of the time    Most of the time    Always

4 Do you need to prop your head up to breathe comfortably for sleeping?  
 Never    Some of the time    Most of the time    Always

5 If yes, how many pillows do you use (how high do you prop your head-up)?  
 2 pillows    3 pillows    4 pillows    Sleep fully upright (i.e., in a chair)  
 Not applicable

6 Do you wake up in the middle of the night unable to breathe?  
 Never    Some of the time    Most of the time    Always

7 Do you experience chest pain?  
 Never    Some of the time    Most of the time    Always

8 Do you feel full/bloated easily after meals?  
 Never    Some of the time    Most of the time    Always

**Continued »**

## Symptoms (continued)

9 Do you feel excessively tired/lethargic?

Never  Some of the time  Most of the time  Always

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10 Do you feel lightheaded or faint when standing up and/or walking?

Never  Some of the time  Most of the time  Always

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11 Have you ever fainted or passed out (lost consciousness)?

No  Yes

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12 Do you experience palpitations/heart racing?

Never  Some of the time  Most of the time  Always

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13 Do you experience abdominal (stomach) pain?

Never  Some of the time  Most of the time  Always

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14 Do you experience constipation?

Never  Some of the time  Most of the time  Always

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15 Do you experience diarrhea/loose or watery bowel movements?

Never  Some of the time  Most of the time  Always

---

16 Do you experience blurred vision (even with corrective eye-wear such as glasses or contact lenses)?

Never  Some of the time  Most of the time  Always

---

17 Do you experience sexual dysfunction?

Never  Some of the time  Most of the time  Always

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18 Are you unable to differentiate hot from cold (for example, when getting in the shower or bath)?

Never  Some of the time  Most of the time  Always

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19 Are you unable to sweat even when you are hot?

Never  Some of the time  Most of the time  Always

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20 Do you feel numbness, tingling, burning or prickling sensation in the hands or feet?

Never  Some of the time  Most of the time  Always

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**Continued »**

## Symptoms (continued)

21 Do you have difficulty with balance (for example, in the shower or at night time or other times)?

- Never    Some of the time    Most of the time    Always
- 

22 Have you experienced unintentional weight loss?

- No    Yes
- 

23 Do you require an aid to walk and/or move around?

- No    Cane    Walker    Wheelchair
- 

24 Do your hands or arms ever 'fall asleep', go 'dead' or get numb during the night?

- Never    Some of the time    Most of the time    Always
- 

## Past Medical History

25 Do you have a history of heart failure?

- No    Yes
- 

26 Do you have a history of atrial fibrillation or atrial flutter (irregular or racing heart beat)?

- No    Yes
- 

27 Do you have a pacemaker?

- No    Yes
- 

28 Do you have, or have you ever had aortic valve stenosis (aortic stenosis)?

- No    Yes
- 

29 Have you ever had a stroke or transient ischemic attack (TIA or mini-stroke)?

- No    Yes
- 

30 Do you have a history of carpal tunnel syndrome?

- No    Yes
- 

**Continued »**

## Past Medical History (continued)

31 Have you ever been diagnosed with neuropathy?

- No  Yes
- 

32 Do you have, or have you ever had spinal stenosis (lumbar, cervical or other)?

- No  Yes
- 

## Family History

33 Do you have a family history of amyloidosis?

- No  Yes
- 

34 If yes, do you know what type of amyloidosis your family member had?

- AL (light chain)  Transthyretin wild-type (ATTR, age-related)  
 Transthyretin hereditary (ATTR, mutant or familial)  Uncertain  None
- 

35 What is your family heritage or background?

- Scandinavian  Asian  Portuguese or Southern European  
 United Kingdom  African-Caribbean  South American  
 Other \_\_\_\_\_  Prefer not to answer
-